

# Cedar Home-Learning

## Grid 6 The Olympics

### Reading: Phonics

- to read accurately by blending sounds in unfamiliar words containing GPCs that have been taught
- to apply phonic knowledge and skills to decode words so that automatic decoding is embedded

**This week's sound families: trigraphs are** (care and share), **ear** (hear with your ear), **igh** (stars high in the night)  
Put words with the above trigraphs into a word search. Give your word-search for someone else to try.

### Lockdown reading challenge

- to appreciate a wide range of texts at a level beyond their independent reading ability
- to discuss their favourite words and phrases

Choose 5 books that you haven't read before. Read your 5 books and use the 'Lockdown book challenge' sheet to record your opinion. Share your book reviews on Teams so others can read a book based on your opinion.

### Maths

#### Days of the week/month/year

- I know the days of the week and months of the year, and can say them in order

Make a months-of-the-year wheel. Include pictures to represent occasions each month and add the 4 seasons. Say them aloud.  
Days of the week – make a menu with dinners for the week (link to science task).

#### Position and direction -

- I know how to turn right and to turn left
- I can describe whole, half, quarter or three-quarter turns, either clockwise or anticlockwise

Learn the language above. Ask someone in your house to direct you from one point to another. Can you direct them too?

**Measure:** I can estimate how long an activity might take, then check using a timer

Choose your distance (100m or 1 mile). Measure the distance in laps of your garden, around the park etc. Sprint 100m each day, record the time it takes you. Do you improve? Are you consistent?

### Writing: composition

#### Athlete Biography Profile

- I plan what I am going to write about
- I can group related ideas together in my sentences
- I can use some good words to interest the reader
- I have started to use paragraphs to order my ideas

Find out about an Olympic athlete who has competed for Great Britain (GB). Find out as much information about them as you can to complete a detailed character profile:

**Plan** – create a mind-map of facts centred around your athlete

**Organise** – organise your facts; which bits of information follow on well from one another?

**Design** – look through magazines/web pages for ideas on how to present your athlete's profile (or use the PDF template!) Make it eye catching!

**Write** - use statements, exclamations and descriptive sentences to write about your chosen athlete.



### Writing: SPAG (spelling, punctuation and grammar)

**Suffix spotting:** I can add suffixes to spell longer words including -ment, -ness, -ful, -less, -ly, -ing

Play with a partner: use a dice and set a 30 second timer. Allocate each number on the dice a suffix. (e.g. 1 = ment, 2 = ness, etc). Roll the dice, start the timer, each write as many words as you can including that suffix. The person who get the most (correct!) words wins the points.

#### Spelling-Play: Connie's Suffixes

[https://www.spellingplay.co.uk/y2\\_member/connies\\_consonant\\_suffixes.html](https://www.spellingplay.co.uk/y2_member/connies_consonant_suffixes.html)

Play the interactive game on the computer (possibly not tablet-friendly).

**Adverbs:** I can identify and use different sentence types (commands, questions, statements and exclamations).

Make a 'Simon Says' game using adverbs and verbs, e.g: Simon says 'jump quickly', 'scream loudly', 'whisper softly', 'wiggly furiously'! Write down your commands, put in a bag, pull them out one and a time, give your command!

### History

- I understand the difference between things that happened in the past and the present.

The Olympic Games first started in Greece in 776BC in honour of Zeus. Read the History of Olympics P-Point and fact cards.

-Take the Ancient Olympics Quiz

-Write your own fact cards

- I can put a few events in order of when they happened.
- I have found out some facts about events that happened long ago (before living memory).

#### Ancient Olympics – vs – Modern Olympics

What is similar and what is different?

Compare the Olympics, now and then and record your ideas within the venn diagram or the grid (or both!).

- I can name some things that happened to other people or events in living memory and ask questions

#### Research!

Find someone who has links to the Olympic games – did they carry the torch? Did they compete? Did they go to watch? Do they have any photos?



### Design Technology, Art

I show patterns and textures in my artwork by adding dots and lines

- I combine materials with different textures and appearances.
- I use simple techniques to join fabrics and other materials

#### Salt dough medals

Can you make medals from salt dough?

Don't forget to poke a hole in the top for your ribbon BEFORE they harden!

Make salt-dough athlete

shadows

**Make an Olympic torch** - Use your imagination to make an Olympic torch! Research their designs (different each Olympic year). How will you make the flames?

#### STEM challenge – make a chariot

Chariot racing was one of the main events of the ancient Olympics! Can you make a chariot that moves?



### Science - Biology

- I know about, and can make healthy choices in relation to healthy eating and drinking
- I can describe the importance for humans of exercise, healthy eating and good hygiene

We may not be Olympic athletes, but this is still important for us all to keep fit and healthy. How fit and healthy are you? Can you improve your fitness?

-Keep a daily fitness diary. Are you keeping active every day of the week? How long for?

-Can you use technology to measure your fitness (a FitBit)?

**A balanced diet** - it is important that we eat all types of food in moderation. Create a 'balanced food plate' and sort foods into different groups (see PDF). Can you put the foods in your cupboards into groups? Can you make a weekly meal plan for your family, checking foods from all groups are included?



## Computing

### Office 365 email account – Teams

#### Communication and Collaboration

- I can upload images to a safe website, iCloud or server
- I can contribute/respond to emails, forums and blogs
- I can look and talk about other people's contributions on the learning platform

Upload a photo of work you have done from the Skills Grid onto teams. Comment on someone else's photo on Teams.

**Watch the Olympics** - I use the internet to research.

Use the internet (safely) to find and watch the Opening Ceremony of the 2012 London Olympic Games.

**Reporting** - I can use different filming techniques and camera angles

Watch an event from the Olympics (YouTube). You will need a microphone, a camera, sit next to the screen and film yourself commenting on the event!

**Research** - I use the internet to research.

Research an Olympic GB athlete

## RE/PSHE

### Happiness-

- I feel good about myself and 'have a go'
- I interact sensitively with others and respect differences

Lockdown has had it's ups and downs.

When you are missing friends or feeling a bit down, it's good to remind yourself of what makes you happy. Make a 'happiness map', put it above your bed and smile 😊

### Our School values –

- I respect other peoples' faith, feelings and values

We have six school values: **respect, appreciation, honesty, forgiveness, kindness and courage.**

How have you shown or practised these values during lockdown?

Create a Values Wheel. Write/ draw things that you or your family do that week that match the school values.

## PE - Cedar Olympic Games

- I talk about the differences between my own and others' performances.
- I say what has gone well and why.
- I identify how a performance could be improved.

Choose from the **Ancient Greek** event list which ones you will include in your Olympic Games competition. Keep track of your team's scores, share your competition with friends to compete in their own homes.

Keep a scores leader board. Can you allocate each competitor a country? Share photos of your Olympic Games competition on Teams.

Will you have an opening ceremony?

Can you interview one of the athletes competing in your games?

Have you made medals and a crown to present to the winners!?

### Cosmic Kids Yoga

- I move with coordination and care.

Try something calmer to start or end your day

## Geography - Flags

- I can find the UK and its countries on a map, globe and in an atlas
- I can find countries, continents and oceans I have learnt about on a map, globe and in an atlas

205 countries were due to compete in the 2020 Tokyo Olympics. How many of them can you find on a map?

Choose 5 countries who were due to compete in Tokyo 2020:

Make a flag for each. Will these link to the competitors in your Olympic Games (see PE).

Create an Olympics 'Top Trump' card for each of your chosen countries. You will need to use your research skills to find out information.

Can you locate the countries on the map?

### Birds-Eye-View

- I can identify landmarks and basic features on a plan or aerial photograph

What would an Olympic Stadium look like from above? Create a model, drawing, collage, 3D scene of a stadium from above.

## Music

### Beats and sounds

- I can create short musical patterns.
- I know how sounds can be made and changed to suit a situation.

Annoy the neighbour (or ask them to make a music wall on the other side of the fence!

Create different sounds, beats and rhythms on your new music wall!



## Something kind

### Care for Care-homes

<https://www.scouts.org.uk/volunteers/scouts-at-home/scouts-helping-others/care-for-care-homes/>

The Scouts have launched a bid to collectively carry out 10,000 acts of kindness in Care Home around the country. Follow the link above to find out how you can help (you don't need to be a scout to take part!)

### Something new

**Save the Zoos!** Many zoos in our country are losing money due to the lockdown and are struggling to look after the animals in their care. How can you help? Raise some money for UK zoos, have an animal-themed cake sale, do a sponsored animal hop?

<https://www.bbc.co.uk/newsround/52483218>

## Something Greek!

Tokyo 2020 is the fourth Olympic Games to be cancelled in its history. But the lighting of the torch ceremony still took place. Watch the torch ceremony, make a torch and have your own ceremony!  
<https://www.bbc.co.uk/sport/olympics/51870301>  
<https://www.bbc.co.uk/newsround/51831188>

### Greek Wildlife

Research the National animal of Greece (dolphin) and the National bird of Greece (owl). What is their significance to Greece?

Which other wildlife/ animals can be found most commonly in Greece?

Take an Birds-Eye-View Olympic chalk photo.

## Outdoor Learning

### Blue Peter: Six badges of Summer

<https://www.bbc.co.uk/cbbc/joinin/six-badges-of-summer-green-badge>

You can earn a Blue Peter Green Badge and show how you're saving the planet! Upload a photo of something you have done to the website and earn yourself a badge.

### World Environment Day -

<https://www.bbc.co.uk/newsround/52906228>

Watch: What Happened When It All Stopped. This story was written by best-selling author Tom Rivett-Carnac who works on climate change. He decided to use the lockdown as an opportunity to write a story about how to rebuild our environment and tackle climate change.

# Cedar Home-Learning

## Grid 5 resources

### Phonics

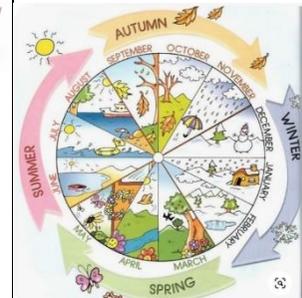
#### Book review:

My lockdown reading challenge I.O. I can give reasons for liking or not liking a text

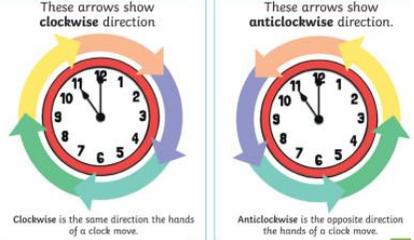
Book title	Stars (1-5)	One thing I like	One thing I don't like	3 adjectives to describe the book
	☆☆☆☆☆			
	☆☆☆☆☆			
	☆☆☆☆☆			
	☆☆☆☆☆			
	☆☆☆☆☆			
	☆☆☆☆☆			

My favourite book:

### Maths



#### Clockwise and Anticlockwise



### Writing: composition

Olympic Athlete Profile

Everything you need to know about...

Name: \_\_\_\_\_ Photo: \_\_\_\_\_

Event: \_\_\_\_\_

Medals won: \_\_\_\_\_

Years competed: \_\_\_\_\_

Country: \_\_\_\_\_

Athlete Facts: \_\_\_\_\_

Facts that you might not have known: \_\_\_\_\_

Highs and lows: \_\_\_\_\_

Interesting facts: \_\_\_\_\_

Facts about my GB athlete

<https://www.teamgb.com/athletes>

### Writing: Vocab, Grammar and Punctuation

**Spelling play:**  
Planning resources – more suffixes –  
interactive resources – Connie's Consonant suffixes  
[https://www.spellingplay.co.uk/y2\\_member/connies\\_consonant\\_suffixes.html](https://www.spellingplay.co.uk/y2_member/connies_consonant_suffixes.html)

### History

<p><b>Ancient Olympics</b> Athletes ran bare foot and wore no clothes.</p>	<p><b>Modern Olympics</b> Track runners today wear special shoes that have spikes to help them grip.</p>
<p><b>Ancient Olympics</b> The pentathlon consisted of running, wrestling, long jump, discus and javelin.</p>	<p><b>Modern Olympics</b> The modern pentathlon is made up of pistol shooting, fencing, swimming, show jumping and a cross-country run.</p>
<p><b>Ancient Olympics</b> Women were not allowed to watch or compete in the Games.</p>	<p><b>Modern Olympics</b> Women and men both take part, but they do not compete against each other.</p>
<p><b>Ancient Olympics</b> In the Ancient Greek Olympics there were only ten sports.</p>	<p><b>Modern Olympics</b> In the Modern Olympics there are more than twenty different sports.</p>

### Design Technology/ Art

<https://www.teacherspayteachers.com/Product/Ancient-Civilizations-STEM-Challenges-History-STEM-Distance-Learning-Packets-3180999>

**CHARIOT CHALLENGE!**

### Science

**A Balanced plate**

- Fruit and vegetables
- Grains, cereals and potatoes
- Dairy products
- Meat, fish, nuts and eggs
- Fats and sugars

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-Dairy products  
-Meat, fish, nuts and eggs  
-Fats and sugars

### Computing

Office 365 email account – Teams  
See Skills Grid 5 and Welcome Letter for instructions of how to access Teams

Watch the Olympics –  
Youtube – 2012 London Opening Ceremony

<https://www.youtube.com/watch?v=4As0e4de-rl>

Research- visit Twinkl and explore the Olympics resources  
<https://www.twinkl.co.uk/resources/pe-and-sports-sporting-events/the-olympics-sporting-events-pe-subjects-key-stage-1/tokyo-2020-the-olympics-sporting-events-pe-subjects-key-stage-1-year-1-year-2>

### RE/PSHE



### PE



<https://www.olympic.org/ancient-olympic-games>

### Ancient Olympic Sports

- Boxing
- Chariot racing
- Long jump
- Javelin
- Discus
- Running

### Geography



### The Olympic Games

Top Trumps

Country: \_\_\_\_\_  
Continent: \_\_\_\_\_  
Number of Olympics competed in: \_\_\_\_\_  
Highest rank in an Olympic scoreboard: \_\_\_\_\_  
Number of gold medals won \_\_\_\_\_

Athletes: \_\_\_\_\_  
Famous competing athlete \_\_\_\_\_  
Sport \_\_\_\_\_  
Number of golds \_\_\_\_\_  
Flag: \_\_\_\_\_



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### Music



### Something kind



<https://www.scouts.org.uk/volunteers/scouts-at-home/scouts-helping-others/care-for-care-homes/>

<https://www.bbc.co.uk/newsround/52483218>

### Something Greek!



### Outdoor Learning

